

## What is a Life Loss?



A "Life Loss" is the loss of someone or something significant, important or precious.

There are many types of life losses and they can all affect personal relationships and an individual's professional life. Here are just a few examples of loss:

- ▶ infant loss/miscarriage/infertility
- ▶ loss of pet
- ▶ chronic or terminal illness
- ▶ suicide/homicide/death after conflict
- ▶ child loss
- ▶ divorce/relationship loss
- ▶ abortion/adoption
- ▶ disability
- ▶ birth of child with special needs
- ▶ expected/unexpected loss



## Linda Gill

RN, MSN, MA, LPC

"Joy In the Mourning"<sup>®</sup>  
Center for Life Losses Founder

Linda Gill has Master's degrees in both Counseling and Parent-Infant Nursing. Linda is in private practice as a Licensed Professional Counselor specializing in loss, grief and crisis. She has over 30 years experience providing services for those who have experienced critical life losses. From 1991-1996 she worked in a hospital setting as a Clinical Nurse Specialist providing crisis and bereavements intervention for families who experienced miscarriage, stillbirth, or the critical illness or death of an infant or child.

In 1995, Linda co-founded the South Carolina SIDS Coalition, later assuming the position of Executive Director for the SC SIDS Alliance. In addition to her earned degrees, she is also a Resolve Through Sharing Coordinator through Bereavement Services<sup>®</sup>.

Linda speaks professionally for conferences; provides classes and workshops; trains and assists with support group formation; and provides consulting, counseling, and support services related to crisis or grief to churches, businesses, and community organizations.

"Joy in the Mourning"<sup>®</sup> Center for Life Losses

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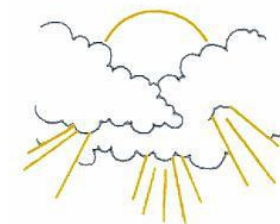
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Return to the JOY of Living!



"Joy in the Mourning"<sup>®</sup>

### Center for Life Losses



We provide programs and people to help individuals and families cope with the

different losses of life and return to the joy of living.

[www.joyinthemourning.com](http://www.joyinthemourning.com)

# Services of "Joy In The Mourning"® Center For Life Losses

## INDIVIDUAL COUNSELING

After a life changing loss, professional counseling can be helpful. Based on need, the Joy In the Mourning® Center refers and assists financially with counseling as funds are available.



## "Joy In The Mourning"®... About the Center

The Center is a 501 © 3 non-profit organization established in 2002 to help people *return to the joy of living* after experiencing life losses. The Center is funded through the generosity of individuals, organizations and businesses who believe in and support our mission.

Want to get involved? Here's how:

- ▶ Make A Donation
- ▶ Become A Volunteer
- ▶ Refer People to the Center
- ▶ Coordinate A Fundraiser
- ▶ Become A Corporate Sponsor

**SUPPORT GROUPS** Provide a support network where people who have common experiences with loss come together to share and help each other find healing. Support groups are often free of charge because of the generosity of individual and corporate sponsors who believe in the need for these groups. The Center offers groups for loss of a loved one (any age), loss of infants and young children, and pet loss. Check our website for a current list of available groups.



**CLASSES** ▶ **Grief Recovery 101** A six week course offered for those who have experienced a recent loss and need information about how to move through the normal grief process. Not a therapy group, support group or counseling. Reasonably priced with family discounts available. ▶ **Support Group Leadership** A two part, 12 hour, training course on how to become a support group leader. Reasonably priced. ▶ **Coping with Grief Through The Holidays** Offered each November to help those who have lost loved ones to cope with holiday grief. Free of charge thanks to the generosity of Caughman-Harman Funeral Homes. ▶ **Grief Recovery For Young People** Age appropriate group activities and guidance for young people coping with grief.

**RETREATS** One or two day getaways to escape from everyday life and focus on healing after a loss. Retreats are offered intermittently based upon sponsorship and grant availability. There is a charge when funding is not available from other sources.



### How to Donate

All donations and contributions are used to fulfill the mission of the organization and are tax deductible.

To make a tax deductible donation, make checks payable to "Joy in the Mourning"® Center, and mail to P. O. Box 4162, Irmo, SC 29063. For information, or to get involved in other ways, call us at (803) 407-3185, or visit [www.joyinthemourningcenter.org](http://www.joyinthemourningcenter.org).